

# LESSON PLAN: 3 String Emi - Get Up Stand Up

## Objective:

Students will be able to play “Get Up Stand Up” by Bob Marley while using a reggae rhythm on the open E minor chord using 3 strings.

## Resources:

Recording of “Get Up Stand Up” by Bob Marley, printout of the lyrics, graphic of the strum pattern, guitars, guitar picks

## Procedures:

- 1 Play the recording of “Get Up Stand Up” while counting out loud “1 + 2 + 3 + 4 +”. Emphasize when you say the “+”. Begin making the arm motion that imitates the strum pattern, saying “+” as you swing the arm upwards.
- 2 Have students play this pattern on guitar, only strumming on the “up stroke” to get the reggae feel. Count out loud for them emphasizing the “+” as they strum.
- 3 Invite students to sing the chorus with you. The original song is played over a C minor chord and we’re transposing it to E minor, so you may need to play the notes D E F# G as you sing “Get up, stand up” to help singers “hear” the new key.
- 4 Try playing along while singing. This may be difficult at first so you may want to divide the class into half singers and half guitar players, and then switch roles after a couple of repetitions until singing and playing becomes a possibility so that everyone can sing together.

## Extensions:

- 1 Make up words to the songs that fit in with a current theme in class or academic subject the students are working on
- 2 Have some students in class designated to make the drum beat for this song by tapping their right foot on 1 and 3 and hitting their left hand on a piece of paper on 2 + and 4 to imitate both the kick and snare drum in the song.
- 3 Have other students play a reggae bass line using the open low E string
- 4 Students can play along with the recording in the original key by using this 3 string C minor chord (Figure A) along with a bass line.

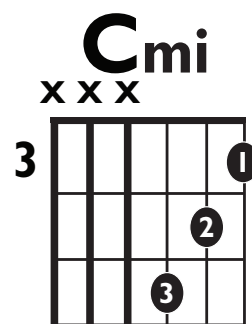
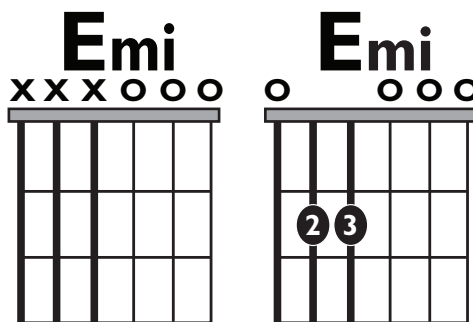


Fig. A

## National Core Arts Standards (Music):

Anchor Standard 6: Convey meaning through the presentation of artistic work. Example: Harmonizing Instruments MU:Pr6.1.H.1a Perform with expression and technical accuracy, in individual and small group performances, a varied repertoire of music that includes melodies, repertoire pieces, improvisations, and chordal accompaniments in a variety of patterns (such as arpeggio, country and gallop strumming, finger picking patterns), demonstrating sensitivity to the audience and an understanding of the context (social, cultural, or historical). Common Core Correlations: CCSS.ELA-Literacy.RF.K.2.a Recognize and produce rhyming words;

