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(Title and where you found it)

Write your lyrics!

Pro Tips

1) Record yourself on a phone or computer and write down your lyrics afterwards.
2) Free-written lyrics do not need to make sense or rhyme.
3) Take a deep breath when you are in need of a new idea.
4) Optional Prompts:

- Describe your surroundings in detail.
- How do you feel in mind, body & heart?
- What is the best/worst thing to happen to you this week?

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